

Pari Awareness Programme (05th June,2018)

An Awareness Programme 'Pari' was organized in the college on 05.06.2018 which was inaugurated by the Collector, Balasore .The SP Balasore attended the Programme as chief Speaker. The motto of the Programme was to spread the message on safety of minor girls in view of rising crime against minor girls in the state, The Collector informed that there has been a steep rise in cases of sexual assaults on minor girls in Odisha and other states too. The Principal stated that the idea behind the campaign is to sensitize the children, their parents and general public about the social evil and secondly to encourage them to report such matter to police instead of suppressing it. The volunteers of NSS and Red Cross cooperated in making the Programme a successful one.



World Environmental Day (5th June 2018)

World environment Day was celebrated at Remuna Degree College, Remuna on Dt.5th June 2018.Various activities such as planting sapling and discussion on environmental issues were held. Former GB president Sri Pradipta Panda presided over the function and he inspired the students to work collectively for the protection of Earth and emphasised on the need to build a greener world. Our Principal Mrs. Jayanti Nayak said the objective of celebrating Environment Day is to make younger generation more sensitive

towards environmental protection. YRC Counsellor also spoke on environmental sustainability and conducted the proceedings.

After the meeting, the YRC volunteers planted the saplings on the campus of the college and watered these. YRC Counsellor Mr. Asish Kumar Choudhury supervised the plantation work and lauded the valuable effort of the volunteers and inspired them to keep on such noble work for the well-being of the environment and all. The observation of World Environment Day was thus a successful one.



International Yoga Day (21st June, 2018)

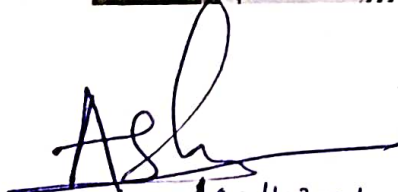
The Youth Red Cross Unit, Remuna Degree College, Remuna celebrated International Yoga Day by organizing a special yoga session in which the YRC volunteers, students and lecturers along with the Principal performed various 'asanas'. Students were taught various asanas such as Tadasana, Trikonasana, Padakestanasana, Vajrasana, Shalabhasana, KapalBhati, AnulomVilom and ShitaliPranayam. The Principal spoke on the occasion that the main aim of observing the day is to raise awareness and ignite a passion for fitness and yoga among the students. She added that in the present day when students face stress, tension, fear etc. simple asana can help dispel them. The YRC volunteers went on a rally showing placards and delivering slogans on need of yoga for inner and physical growth of everyone.




Road Safety Awareness Week 5th January, 2019

The Youth Red Cross Unit of Remuna Degree College, Remuna has observed Road Safety Awareness Week from 5th January, 2019. The Programme was inaugurated by the Principal of the College. After inauguration, the YRC volunteers organized a procession along the NH-5 holding placards and posters on the road uttering slogans "Life first, Speed next", "Better late than never" etc .They distributed leaflets to the drivers, riders and the pedestrians to make them aware of the rules of the road to be observed for safe journey. They gave necessary advice to the people on traffic rules and regulations and made them aware of the dangers of reckless driving, driving without helmet and seat-belt. They also requested the scooterists and motorcyclists going on the road to use helmet while driving. The volunteers advised them to use zebra crossing, obey the traffic signals and not to use mobile phone while crossing the road. Thus the Road Safety Awareness Week came off successfully.




10.11.2019
YRC Counsellor
Remuna Degree College
Remuna, Balasore


Principal
Remuna Degree College
Remuna, Balasore
Principal I/C Cum - Secretary
Remuna Degree College
Remuna, Balasore



Report on Blood Donation Camp

A Blood Donation Camp has been organized in Remuna Degree College, Remuna, Balasore on 3rd November, 2019 by the joint effort of Youth Red Cross unit, NSS unit, Rover & Ranger Unit and NCC Unit. The Camp was inaugurated by Mr. Sk Khaitan CFO Emami Paper Mill Ltd. , Mr. Pradipta Panda, President of GB and Ex-MLA, Nilagiri in the presence of teaching and non-teaching staff and students. A team of expert doctors headed by Dr. Maheswer Biswal from Headquarters Hospital , Balasore along with three nurses conducted the camp. The YRC and NSS volunteers, teaching and non-teaching staff and Alumni of the college rendered all help and cooperation for success of the Camp. YRC volunteers could motivate the local youth for which they came forward without fear or hesitation to donate blood. The YRC volunteers, students and staff members were more interested to donate blood. About 53 units of blood were collected and deposited in the Blood Bank, Headquarter Hospital, Balasore. The donors were given milk, bread, sweets, bananas and fresh fruits after blood donation. The Principal of the college congratulated the blood donors and commended the YRC and NSS volunteers praising their noble and virtuous work and felicitated the doctors and the nurses for their precious cooperation to make the Camp a great success. At last she gave away commendation certificates to the donors and YRC volunteers.



INTERNATIONAL YOGA DAY

21/ 06 /2019

(WORLD YOGA DAY)



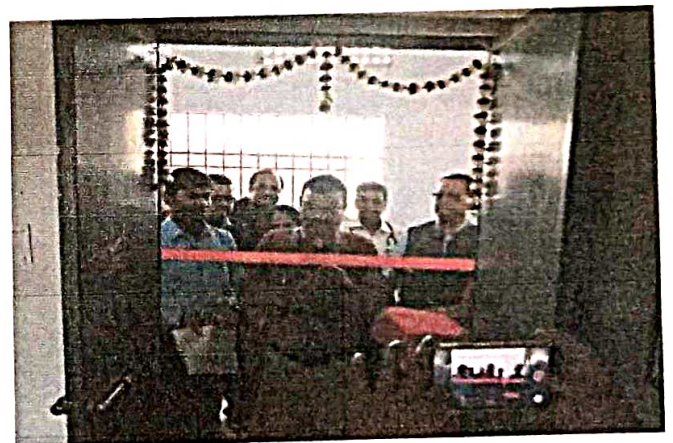
The World Yoga Day has been observed in the college on 21st June, 2019 in the college premises Sub Maj Girish Kumar Sarangi inaugurated the camp as chief Guest and demonstrated various asanas followed by “Om Chanting”. The NCC cadets, students and staff members performed warm up exercises and Lt. Sanjay Kumar Behera ANO, NCC wing explained the importance of various asanas and Yoga. Principal Mrs. Jayanti Nayak told the message of the day is to keep mind and body fit through Yoga. Dr. Trilochan Sahu, NSS Boys unit programme officer told the cadets as well as the student that yoga –asanas will certainly help them handling exam related stress. Thus, the day ended with a great success.

Lt. Sanjay Kumar Behera
ANO, Remuna Degree College



Blood Donation Camp on 2nd February, 2018

A Blood Donation Camp has been organized in Remuna Degree College, Remuna, Balasore on 2nd February, 2018 by the joint effort of Youth Red Cross unit and NSS unit. The Camp was inaugurated by Sj. Pradipta Panda, Ex-MLA, Nilagiri in the presence of teaching and non-teaching staff and students. A team of expert doctors headed by Dr. Pradhan from Headquarters Hospital Balasore along with three nurses conducted the camp. The YRC and NSS volunteers, teaching and non-teaching staff and Alumini of the college rendered all help and cooperation for success of Camp. YRC volunteers could motivate the local youth for which they are forwarded without fear or hesitation to donate blood. The YRC volunteers, students and staff members were more interested to donate blood. About 94 units of blood were collected and deposited in Blood Bank, Headquarter Hospital, Balasore. The donors were given milk, bread, sweets, bananas and fresh fruits after blood donation. The principal of the college congratulated the blood donors and commended the YRC and NSS volunteers praising their noble and virtuous work and felicitated the doctors and the nurses for their precious cooperation to make the camp a great success. At last she gave away commendation certificates to the donors and YRC volunteers.



VAN MAHOTSAV WEEK

10/07/19



The Van Mohotsav Week “the festival of trees” has been observed on behalf of the NCC wing of Remuna Degree College on 10.7.19 with the mission of keeping the motherland green. The celebration was an ideal opportunity to instill the value of social responsibility in the students towards safe guarding trees and forests. The NCC officer ANO Lt. Sanjay Kumar Behera told the cadets to plant trees regularly and take care of these till they grow up. Later the cadets participated in the plantation programme where different types of medicinal plants were planted by the principal and faculties. The principal advised the students saying that planting trees serves various purposes like providing alternate fuel, increase in production of food resources, provide food for cattle, etc. and told that the trees are one of the best ways to prevent global warming and reduce pollution. At the end Lt. Sanjay Kumar Behera thanked the cadets and all for their participation in the celebration.

Lt. Sanjay Kumar Behera
ANO, Remuna Degree College

BLOOD DONATION

03.11.2019

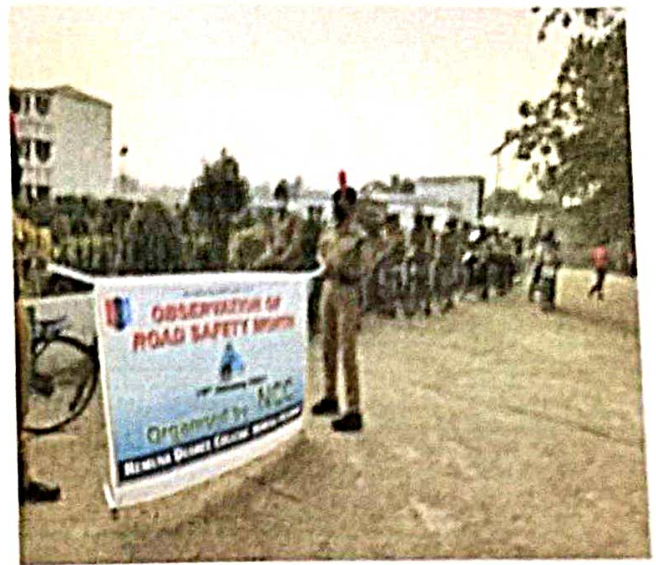


A Blood Donation camp has been organized in the college in 3rd November, 2019 as a service to humanity. It was organized by NCC, NSS, YRC along with Rover & Ranger. 72 college students have donated blood in the camp was inaugurated by Sri Pradipta Panda, former President, GB Remuna Degree College and former MLA, Nilgiri. In his inaugural speech, Sri Panda emphasized on such camps and called upon the students to continue this activity which is a great service to humanity. After the donation, the donors were provided with refreshment and were advised dietary supplements to compensate the loss of blood. With the initiating help of the staff members, doctors and medical staff, the blood donation camp twined out to be huge success. Lt. Sanjay Kumar Behera commended the sincere efforts of the NCC cadets of the camp could be a reality.

*Lt. Sanjay Kumar Behera
ANO, Remuna Degree College*

REPORT ON OBSERVATION OF NATIONAL ROAD SAFETY AWARENESS PROGRAMME

19/01/2021



The National Road Safety Awareness programme has been organized by the NCC cadets of Remuna Degree College, Remuna in collaboration with Regional Transport Office (RTO), Balasore on the 19th January 2021 at college square. The programme was Institutionally set in with waving flags by the Principal of the college Mrs. Jayanti Nayak, Mr. Sudhanshu Sekher Parida, MLA Remuna, Mr. Pradipta Panda, Former MLA Nilgiri-cum- Former GB president, RTO Balasore Sri Rashmi Ranjit Dalabehera, MVI Sri Biswajit Das and Road Safety Officer Rashmita Mallick. All cadets of NCC participated in a cycle rally displaying placards and uttering slogans of road safety norms and major from the college up to Remuna Golei. The Police present of Industrial police station and traffic police station Balasore, as well as both teaching staff and non-teaching staff, employees of the college joined the rally.

A. Sanjay Kumar Pehera
ANO, Remuna Degree Coll

DRINKING WATER DISTRIBUTION

14.04.2021



A Drinking Water Distribution Camp (Jalachhatra) has been organized on 14.04.21 on the college square on behalf of the NCC, Remuna Degree College, Remuna. The camp was inaugurated by the Principal Mrs. Jayanti Nayak who wished success of the camp and commanded the sincere effort of NCC volunteers in organizing the camp. The camp started at 11 am and continued till 4 pm. The volunteers served the pedestrians, bikers, cyclists, travelers and others with cold fresh drinking water in disposable glasses. The camp came off successfully under the supervision of Lt. Sanjay Kumar Behera ANO NCC of Remuna Degree College.

Lt. Sanjay Kumar Behera
ANO, Remuna Degree College

FIT INDIA FREEDOM RUN 2.0

14.08.2021



The NCC cadets of Remuna Degree College Participated in the "Fit India Run 2.0" held at Fakir Mohan Autonomous College on the occasion of Azadi Amrit Festival on 14th August, 2021. It was organized on behalf of the 7 (O) NCC Battalion, Bhadrak as per the instruction of Battalion Commanding Officer Cornel K Santa Singh. 30 nos. of NCC cadets of the college joined the Run. ANO Lieutenant Sanjay Kumar Behera of our college extended helping hand in the organization of the programme. The motto of the Run was to encourage sports and physical fitness. So that physical and mental strength could be invigorated away doing with our negative thinking. The Run covered the distance; from F.M. Autonomous College to the District Headquarter Hospital, Balasore. It was an effort to make people aware to remain healthy and fit by including physical activities and sports in their daily lives.

Lt. Sanjay Kumar Behera
ANO, Remuna Degree College